

WEAR IT PROUDLY



WEAR IT RIGHT
U. S. CADET NURSE CORPS

U. S. Public Health Service — Federal Security Agency

YOUR UNIFORM . . .

in gray and regimental red, has finally arrived, and you are the proudest girl serving your country today. And you should be proud! Your uniform is a symbol of what the U. S. Cadet Nurse Corps means to you. What it will come to mean to others will depend in large measure on how you wear it. In military language, you are in uniform if everything you wear is according to "regs." If one article of dress is wrong you are out of uniform. It isn't just a matter of wearing summer suit or winter; reefer coat or raincoat. It is the slant of your beret, the snowy whiteness of your blouse. It is the way you walk, the way you stand. It is the dignity with which you wear the uniform of your proud profession. Your uniform is YOU. The regulations in this booklet are part of your uniform. When you have studied them until you know them by heart, press your jacket and skirt, brush your shoes until they really shine . . . and wear it proudly . . . wear it right!

YOU'RE RIGHT . . .

- ... if your hair clears your collar all the way round. (Hairnets are wonderful inventions—and fashionable.)
- ... if you crease only the extreme right side of your beret, keeping the front upright behind your insignia.
- ... if you wear your beret insignia directly at the front or left front of your beret.
- ... if your make-up is subtle.
- ... if your suit and reefer are freshly pressed, well-fitting and spotless.
- ... if you always wear the regulation white crepe blouse.
- ... if your handbag strap swings straight from your left shoulder.
- ... if your skirt hems hit you below the backs of your knees.
- ... if you wear your lapel insignia with the winged caduceus vertical and the anchor ring $\frac{3}{4}$ of an inch from the point of your suit and reefer lapel.
- ... if you wear one Maltese Cross centered on each epaulet while you are a Junior Cadet; two Maltese Crosses $\frac{3}{4}$ of an inch front and back of your shoulder seams when you are a Senior Cadet.
- ... if you sew your sleeve emblem exactly three inches below your shoulder seam.
- ... if you wear your silver lapel pins and sleeve emblem of your outdoor uniform on your indoor uniform BUT only in the places designated by your school of nursing.
- ... if you stock up on plain short black leather or fabric gloves for winter—short plain white fabric gloves for summer.
- ... if you stick to plain black leather shoes, with low or medium closed heels and closed toes for your winter uniform. For summer, you may wear black or white shoes but in gatherings of any sort, all Cadets' shoes should be of the same color.
- ... if you select beige stockings unembellished by clocks, ribbing, or other decoration.

YOU'RE WRONG . . .

- ... if you allow your hair to touch the back of your collar.
- ... if you sprinkle your insignia on your uniform without taking the time to line them up.
- ... if your make-up gives you a technicolor look.
- ... if you substitute dickies or non-reg blouses for the uniform white crepe blouse.
- ... if you wear ear-rings, bracelets, necklaces, other service insignia, conspicuous rings other than wedding, engagement or class rings.
- ... if you affect long, brilliantly polished finger-nails.
- ... if you wear ankle socks, lace or mesh stockings.
- ... if your shoes have spike heels, open heels or open toes.
- ... if you appear in public without your beret—**ON YOUR HEAD.**
- ... if you remove your jacket in public.
- ... if you drape your reefer, raincoat or suit jacket over your shoulders.
- ... if you wear your jacket, reefer or your raincoat unbuttoned—your raincoat belt unbuckled.
- ... if you chew gum on the street.
- ... if you receive or give a military salute.
- ... if you combine any article of civilian dress with your uniform.

TIPS . . .

Tiny snaps sewed on the underside of the front of your Peter Pan collar will keep it lying flat beneath your jacket lapels. Snaps also should be sewed on the underside of the red epaulets of your summer uniform so that they will not slip off your shoulders.

If the lacquer chips off your metal buttons, dip them in acetone (nail polish remover), then in a warm solution of soap and ammonia which removes the tarnish. Dry them thoroughly and cover them with a thin film of colorless nail polish to prevent them from tarnishing.

Summer uniforms require careful laundering. Be sure to remove shoulder pads, epaulets, and metal buttons before having them washed. **Never let your summer uniforms be starched.**

Ask your Director to tell you when she would like you to change from winter into summer uniform and vice versa.

To reorder **at your own expense** extra parts of your winter and summer uniform, write the J. C. Penney Company, Dept. W., 330 West 34th Street, New York, N. Y.

Nursing is hard on shoe leather. If you need another pair of shoes, present your case to your rationing board.

A pair of light suspenders attached to the waistband will keep your skirt from twisting and sagging. Be sure to keep your suspenders out of sight.

You may carry an umbrella when it rains.

You, in uniform, are the Corps' best recruiter. Stand straight and proudly with your shoulders back and your arms swinging freely from the shoulders. Remember that hand-holding, arm-around-the-waist strolling do not go with a uniform.

White gloves and shoes require operating room cleanliness. Always keep them white as white.

INDUCTION PLEDGE . . .

At this moment of my induction into the United States Cadet Nurse Corps of the United States Public Health Service:

I am solemnly aware of the obligations I assume toward my country and toward my chosen profession;

I will follow faithfully the teachings of my instructors and the guidance of the physicians with whom I work;

I will hold in trust the finest traditions of nursing and the spirit of the Corps;

I will keep my body strong, my mind alert, and my heart steadfast

I will be kind, tolerant and understanding;

Above all, I will dedicate myself now and forever to the triumph of life over death.

As a Cadet Nurse, I pledge to my country my service in essential nursing for the duration of the war.